



Looking Differently at Lent

In recent years the six south-west dioceses have worked together on a number of initiatives to encourage and improve our care for God's creation. This Lent we are honouring the tradition of Lenten sacrifice by having a Carbon Fast in cooperation with Tearfund.

What is a Carbon Fast?

For Christians, Lent is the time when we reflect on Jesus' 40 days in the wilderness where he faced challenge and temptation. We often use Lent to think on God's deeper purposes for us and to discipline ourselves by giving up (i.e. fasting from) something which we normally use or enjoy.

Lent 2014 is timely opportunity to reduce our consumption of carbon-based fuels and, in so doing, take small steps towards a more sustainable world, reflecting on the graciousness of God, who both created and walked upon this earth. Our focus in Salisbury diocese is very much on the lifestyles of individual church members.

Tearfund have done this for a number of years and have given us material to use and adapt for our region. **This includes daily suggestions for action emailed to individuals or provided in a booklet.** Actions are themed for each week and come in the form of symbolic challenges, lifestyle prods, money-saving incentives, adventurous actions and prayer.

Why are we doing it?

We haven't been faithful stewards of God's creation. The Anglican Five Marks of Mission remind us that we're called to safeguard the integrity of creation and sustain and renew the life of the earth. This Carbon Fast for Lent is an opportunity to take simple actions that will have an impact on the well-being of the world.

How do I find out more?

There's more on our own diocesan website at <http://bit.ly/visit404040>

Pick up a booklet in the foyer or sign the list there for email actions or visit at www.thecarbonfast.org